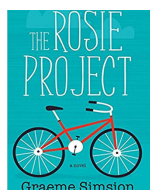


## RESOURCES ABOUT DISABILITY FOR ADULTS

# Books



### The Rosie Project

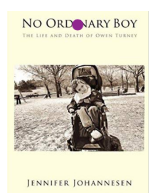
Graeme Simsion

About Don, who has autism and is trying to find true love.



### From Surviving to Thriving: A Mother's Journey Through Infertility, Loss and Miracles

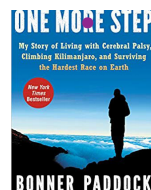
Fabiana Bacchini



### No Ordinary Boy: The Life and Death of Owen Turney

Jennifer Johannesen

A mother's story about her son with profound disabilities.



### One More Step: My Story of Living with Cerebral Palsy, Climbing Kilimanjaro, and Surviving the Hardest Race on Earth

Bonner Paddock, Neal Bascomb



### Standing Tall: My Journey

Spencer West

A coming-of-age story written by Spencer, a young man without legs.



### Wonder

R.J. Palacio (ages 10+)

A story about a 10-year-old boy with a facial difference called August, who is trying to fit in.

# Online



### BLOOM blog

Louise Kinross, editor

Holland Bloorview's BLOOM, recognized as one of the top blogs about disability in the world, features compelling stories, research and news.

[hollandbloorview.ca/bloom](http://hollandbloorview.ca/bloom)

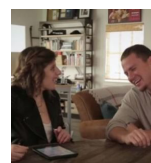


### Ouch: Disability Talk

Podcast

A weekly, and often funny, podcast featuring interviews with people with disabilities.

[bbc.co.uk/programmes/p02r6yqw](http://bbc.co.uk/programmes/p02r6yqw)



### Speechless

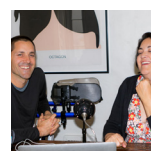
with Carly Fleischmann (YouTube channel)

Carly Fleischmann, who has autism and uses a communication device, interviews celebrities on her comedic talk show. Carly's on social media too!

[youtube.com/channell](https://youtube.com/channell)

[UCeKKQIMB1NeOLN31\\_CSJFRQ](https://twitter.com/carlyvoice?lang=en)

<https://twitter.com/carlyvoice?lang=en>



### Who Lives Like This

Podcast

A podcast that tells the stories of caregivers of disabled children.

[wholiveslikethispodcast.com](http://wholiveslikethispodcast.com)

Holland Bloorview Kids Rehabilitation Hospital believes in creating a world where every child and youth belongs. In partnership with our clients and families, we call on everybody to take action to end stigma of children and youth with disabilities.

[deareverybody.ca](http://deareverybody.ca)

Everyone is unique and some of these resources may not be suitable for every adult.

**Holland Bloorview**  
Kids Rehabilitation Hospital

## TV shows

### SPEECHLESS



#### Speechless

(ages 12+)

About a family, including a teenager called JJ who has cerebral palsy and cannot speak.



#### Born This Way

(ages 12+)

A reality show about people who have Down syndrome.



#### The Good Doctor

(ages 13+)

A medical drama that features Dr. Shaun Murphy, who has autism.



#### Parenthood

(ages 15+)

A drama series about a family, including a young boy called Max who has Asperger syndrome.



#### Atypical

(ages 14+)

A coming-of-age show about 18-year-old Sam, who has autism.

## Movies

### ReelAbilities

#### ReelAbilities Film Festival

presented by the Miles Nadal JCC

An annual festival that features films and documentaries about Deaf and disability cultures.



#### Soul Surfer

(ages 10+)

Biographical drama about surfer Bethany Hamilton, who loses her arm in a shark attack.



#### The Theory of Everything

(ages 14+)

Biographical drama about the life of scientist Stephen Hawking, who had amyotrophic lateral sclerosis (ALS).



#### Temple Grandin

(ages 14+)

A biographical drama about Temple Grandin, who has autism, and her work in the cattle industry.

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