

✓ Recommended by
Holland Bloorview families

🔊 Some of these books are
available in audio format

⠠ Some of these books
are available in braille

RESOURCES ABOUT DISABILITY FOR KIDS

Books



Zoom!

Robert Munsch, Michael Martchenko
(illustrator) (ages 6-10)

A girl called Lauretta uses a
super-speedy wheelchair.



It's Okay to Be Different

Todd Parr (ages 5-8)

Colourful drawings celebrate
our differences.



Don't Laugh at Me

Steve Seskin, Allen Shamblin, Glin
Dibley (illustrator) (ages 3-7)

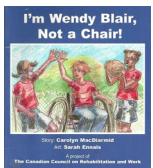
How to stop bullying.



We Are All Alike... We Are All Different

The Cheltenham Elementary School
Kindergartners and Laura Dwight
(photographer) (ages 4-11)

Written for kids by kids, this
book is about how we are
the same and different.



I'm Wendy Blair Not a Chair!

Carolyn MacDiarmid, Sarah Ennals (ages 7-10)

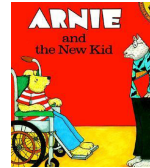
All about Wendy Blair and
not her wheelchair.



Since We're Friends: An Autism Picture Book

Celeste Shally, David Harrington
(Illustrator) (ages 4-8)

A story about two boys who are friends.



Arnie and the New Kid

Nancy Carlson (ages 3-5)

A story about friendship and
being nice to each other.



Fox and Squirrel

Ruth Ohi (ages 4-6)

A story about friends who are
different and the same.

BOOK SERIES



The Special Kids in School

series (ages 4-9)

Kids help their classmates
understand their disabilities.



Understanding Differences

series (ages 4-8)

Colourful photos help kids better
understand what it's like to have a
disability, including blindness and
deafness, and use mobility devices.

Holland Bloorview Kids Rehabilitation Hospital believes in
creating a world where every child and youth belongs.
In partnership with our clients and families, we call on everybody
to take action to end stigma of children and youth with disabilities.

Everyone is unique and some of
these resources may not be suitable
for every child and family.

Movies



Dolphin Tale

(ages 7+)

A true story about a dolphin named Winter who loses his tail.



Wonder

(ages 10+)

A story about a boy with a facial difference called August, who is trying to fit in.



Soul Surfer

(ages 10+)

Biographical drama about surfer Bethany Hamilton, who loses her arm in a shark attack.

Short videos



Sesame Street and Autism: See amazing in all children

Check out videos, stories and other fun stuff.

<http://autism.sesamestreet.org/>



CBC Kids' This Is Me series

Get to know a lot of different kids, including Amira at the Aquarium.

http://www.cbc.ca/kidscbc2/watch/studio_k/this-is-me



tvokids' This is my Family series

Videos about all kinds of families.

<https://tvokids.com/school-age/videos/my-family/>

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