

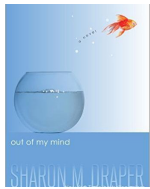
✓ Recommended by Holland Bloorview families

🔊 Some of these books are available in audio format

⠠ Some of these books are available in braille

## RESOURCES ABOUT DISABILITY FOR TEENS

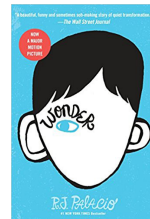
# Books



### Out of My Mind

Sharon M. Draper (ages 8-11)

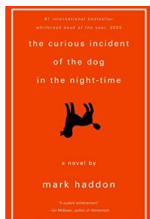
About Melody, an 11-year-old girl with cerebral palsy, who can't tell anyone she has a photographic memory until she discovers something that helps her speak for the first time.



### Wonder

R.J. Palacio (ages 10+)

A story about a 10-year-old boy with a facial difference called August, who is trying to fit in.



### The Curious Incident of the Dog in the Night-time

Mark Haddon (ages 13+)

A mystery narrated by a 15-year-old boy, Christopher, who has autism.

## BOOK SERIES



### Inclusion books series

Carolyn MacDiarmid (ages 9+)

This three-book series tells stories about inclusion in the classroom and at work, and celebrates individuality.

# Online



### BLOOM blog

Louise Kinross, editor

Holland Bloorview's BLOOM, recognized as one of the top blogs about disability in the world, features compelling stories, research and news.

[hollandbloorview.ca/bloom](http://hollandbloorview.ca/bloom)



### Ouch: Disability Talk

Podcast

A weekly, and often funny, podcast featuring interviews with people with disabilities.

[bbc.co.uk/programmes/p02r6yqw](http://bbc.co.uk/programmes/p02r6yqw)



### Speechless

with Carly Fleischmann (YouTube channel)

Carly Fleischmann, who has autism and uses a communication device, interviews celebrities on her comedic talk show. Carly's on social media too!

[youtube.com/channel/UCeKKQIMB1NeOLN31\\_CSJFRQ](https://youtube.com/channel/UCeKKQIMB1NeOLN31_CSJFRQ)

<https://twitter.com/carlyvoice?lang=en>

Holland Bloorview Kids Rehabilitation Hospital believes in creating a world where every child and youth belongs. In partnership with our clients and families, we call on everybody to take action to end stigma of children and youth with disabilities.

Everyone is unique and some of these resources may not be suitable for every teen and family.

## TV shows

### **SPEECHLESS**



#### **Speechless**

(ages 12+)

About a family, including a teenager called JJ who has cerebral palsy and cannot speak.



#### **Born This Way**

(ages 12+)

A reality show about people who have Down syndrome.



#### **The Good Doctor**

(ages 13+)

A medical drama that features Dr. Shaun Murphy, who has autism.



#### **Parenthood**

(ages 15+)

A drama series about a family, including a young boy called Max who has Asperger syndrome.



#### **Atypical**

(ages 14+)

A coming-of-age show about 18-year-old Sam, who has autism.

## Movies

### **ReelAbilities**

#### **ReelAbilities Film Festival**

*presented by the Miles Nadal JCC*

An annual festival that features films and documentaries about Deaf and disability cultures.



#### **Soul Surfer**

(ages 10+)

Biographical drama about surfer Bethany Hamilton, who loses her arm in a shark attack.



#### **The Theory of Everything**

(ages 14+)

Biographical drama about the life of scientist Stephen Hawking, who had amyotrophic lateral sclerosis (ALS).



#### **Temple Grandin**

(ages 14+)

A biographical drama about Temple Grandin, who has autism, and her work in the cattle industry.

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